

13/042020

# Isolation Activity Pack



Coronavirus (COVID-19) Pandemic

**DO NOT LEAVE YOUR HOME**

Unless:



Shopping for essential supplies (once per day)



Exercising (once per day, alone or with someone from your household)



For medical reasons (or care of a vulnerable person)



Travel to work that is essential (and cannot be done at home)





## *Weekly Tongue Twister*

How much wood would a woodchuck chuck  
if a woodchuck could chuck wood?

He would chuck, he would, as much as he could,  
and chuck as much wood as a woodchuck would

if a woodchuck could chuck wood.

<https://www.mondly.com/blog/2019/08/23/71-best-tongue-twisters-to-perfect-your-english-pronunciation/#short-tongue-twisters>

## *Weekly Brain Teaser*

Say the Color of each Word!

(Don't read the word)

How Fast can you say it?

black white yellow green red blue  
yellow red black green white red  
white green red black yellow green  
black white yellow green red blue  
white green red black yellow green  
yellow red black green white red  
white green red black yellow green

[www.TheCraftyClassroom.com](http://www.TheCraftyClassroom.com)

*Guess the  
Celebrity*



<https://www.bing.com/images/>

## Ice Cream

Y	M	T	R	L	C	H	O	C	O	L	A	T	E
A	S	K	C	A	R	T	E	S	O	O	M	E	T
P	Y	V	A	N	I	L	L	A	S	N	O	T	E
M	K	D	E	T	D	E	A	C	F	A	N	A	A
C	A	T	N	L	I	N	N	A	O	C	O	O	E
O	K	P	O	A	A	G	O	D	K	E	A	E	T
E	C	U	L	N	C	A	E	F	O	P	L	R	N
D	O	T	A	E	E	N	O	R	Y	W	E	E	E
O	C	B	O	A	W	Y	O	T	T	E	O	I	E
C	O	I	E	A	A	A	R	T	S	A	O	A	R
R	N	T	T	C	R	A	L	E	T	N	I	A	G
E	E	G	D	U	F	O	S	N	I	O	V	L	T
D	A	O	R	Y	K	C	O	R	U	A	C	G	T
A	E	E	T	U	N	O	C	O	C	T	P	E	S

ROCKY ROAD  
GREEN TEA  
FUDGE  
REESES  
CHOCOLATE  
VANILLA



COTTON CANDY  
MAPLE WALNUT  
PECAN  
BANANA  
TIGER TAIL  
MOOSE TRACKS  
COCONUT

# True or False



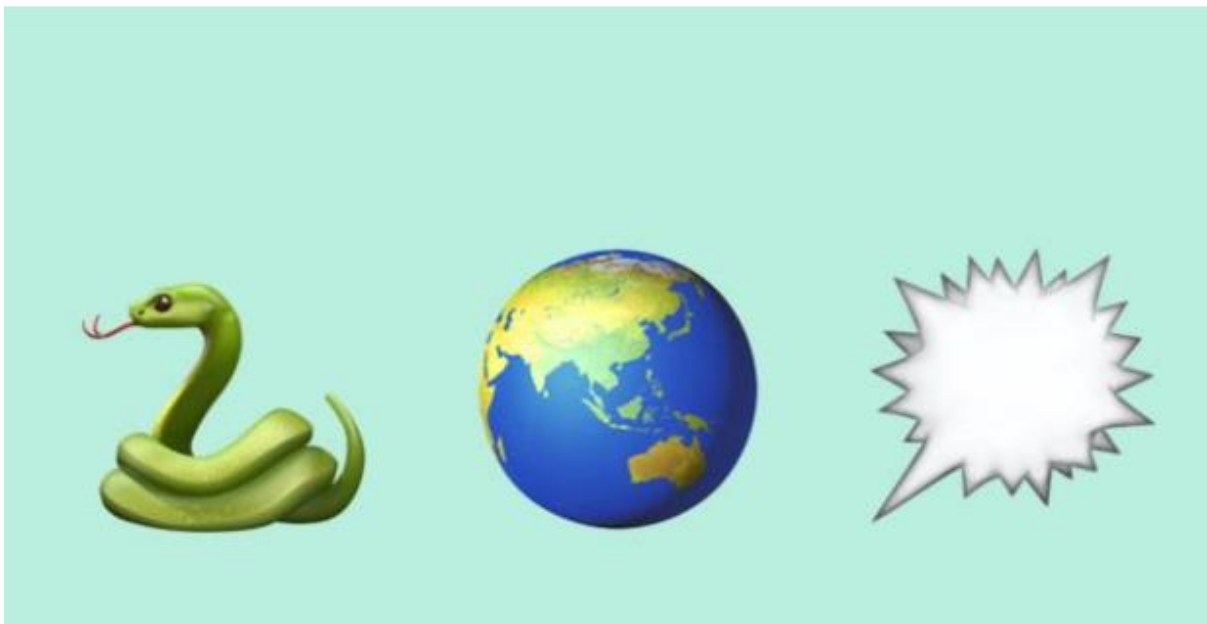
Answers are on the back page so no peeking! ;-)

1. Every morning the Queen starts her day with a shot of whisky?
2. The Queen and her sister Margaret invented the Dorgi, a cross breed a daschund and corgi?
3. The Queen owns all the swans in the UK?
- 4 The Queen owns all the dolphins and whales in British waters?
5. The queen owns all Robins in the UK?
6. The Queen loves animals and once received an elephant as a gift from the Cameroon?
7. The queen has a secret code for when she wants to leave an event a little earlier which is two coughs and a scratch of her right ear?
8. The Queen served as a 2nd Lieutenant in the wartime ATS?
9. Prince Philip's pet names for the Queen include "trifle" and "queenie"?
10. The Queen paid for her wedding dress using clothing ration coupons?
11. The RSPCA donated the ingredients used for the Queen's wedding cake in 1947?
12. The Queen is the first British monarch to have celebrated a diamond wedding anniversary?
13. The queen had 14 bridesmaids?

14. The year of the coronation ceremony was 1953?
15. On her wedding day she lost her floral bouquet and a footman then remembered he had put it in a cupboard to keep it cool?
16. Susan was the name of one of the queen's corgis and she actually went on honeymoon?
17. The Queen takes her own lavatory seat wherever she goes?

## **FUN FACT OF THE WEEK !**

**Snakes can help predict earthquakes.**



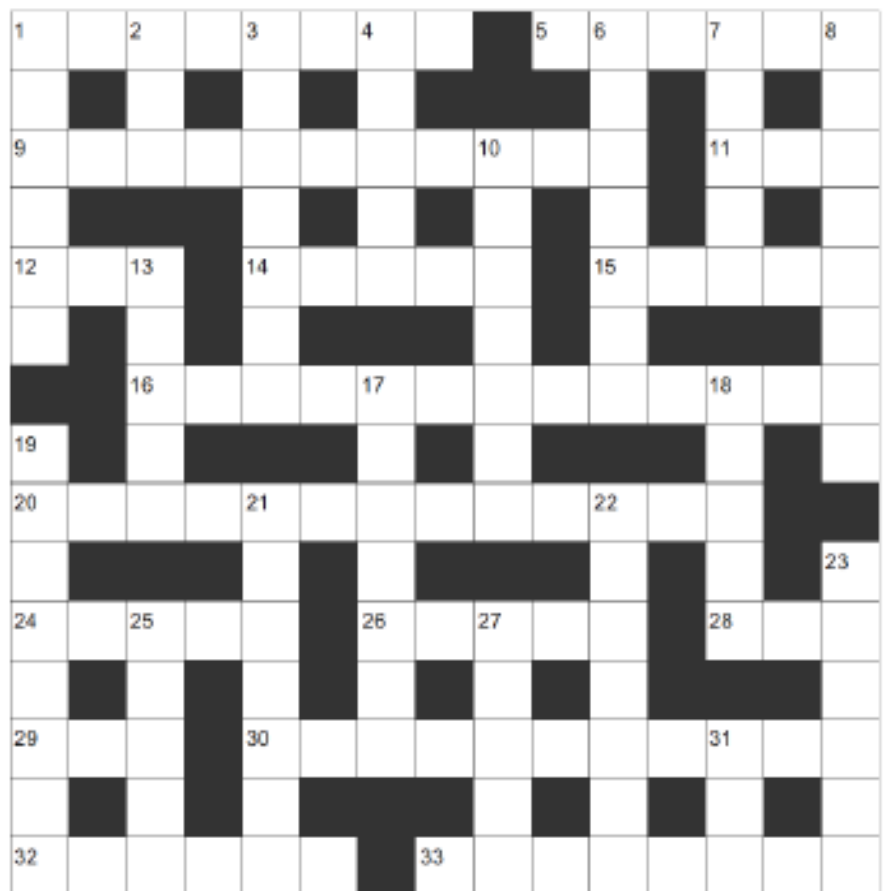
They can sense a coming earthquake from 75 miles away (121 km), up to five days before it happens.

<https://www.thefactsite.com/top-100-random-funny-facts/>

# WEEKLY CROSSWORD

## ACROSS

- 1. Case in point
- 5. Proclamations
- 9. Stressing
- 11. Frivolity
- 12. What we breathe
- 14. Unhurried Texan twang
- 15. Fangs
- 16. Unruly
- 20. Miscounts
- 24. Remain on feet
- 26. Wash
- 28. Take to court
- 29. Tear
- 30. Spirit-laundered clothes (3-8)
- 32. Aside from
- 33. Calmed



## DOWN

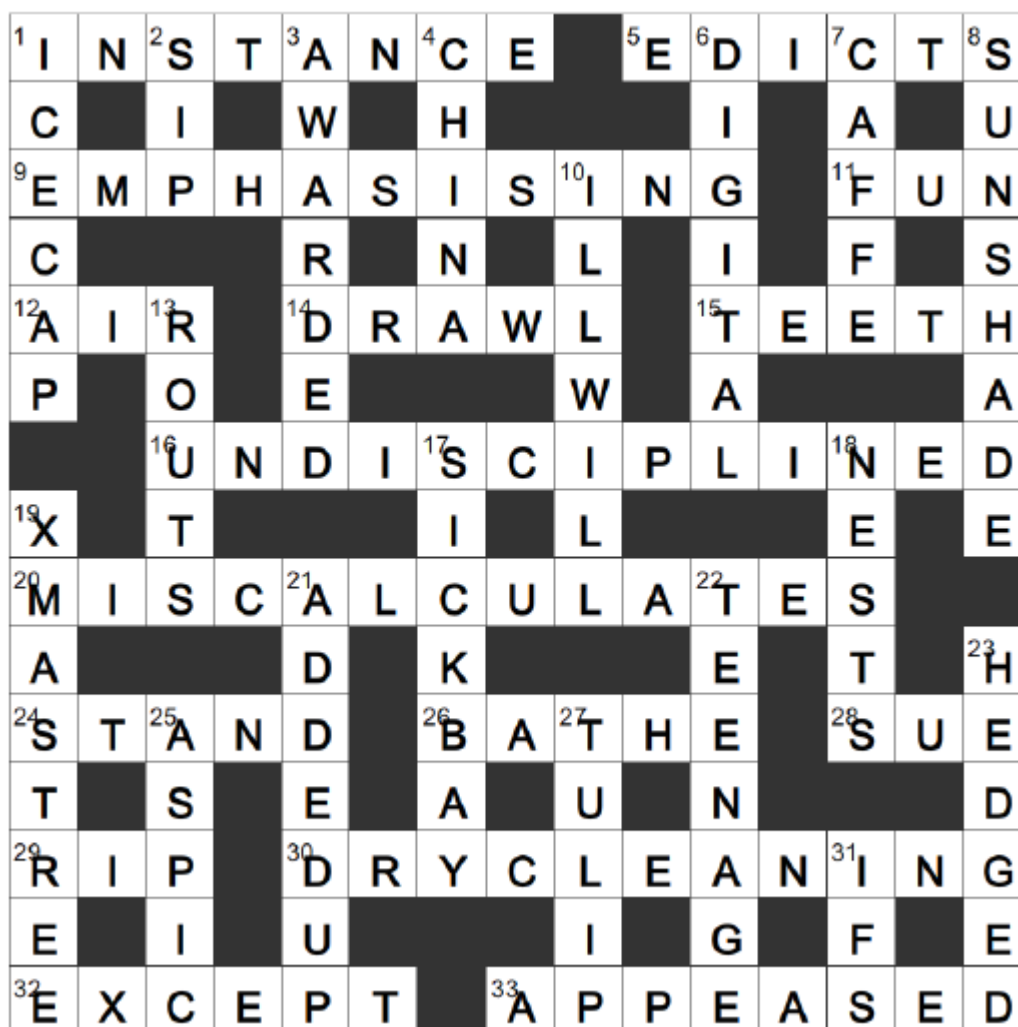
- 1. Frozen polar cover
- 17. School nurse's room
- 2. Drink delicately
- 18. Baby bird homes
- 3. Gave (medal)
- 19. December conifer (4,4)
- 4. Beijing is there
- 21. Made sense (5,2)
- 6. Type of watch
- 22. Adolescent
- 7. Milk coffee style, ... latte
- 23. Fenced with bushes
- 8. Awning or parasol
- 25. Meat jelly
- 10. Malice (3,4)
- 27. Dutch bulb
- 13. Overwhelming defeats
- 31. ... & buts

## *True or False* ANSWERS

1	FALSE she starts the day with earl grey tea and listening to bagpipes
2	TRUE
3	TRUE
4	TRUE
5	FALSE
6	TRUE and also has received a Sloth, a jaguar that was housed at London Zoo
7	FALSE- although she does have a secret code to leave earlier but it apparently involves her handbag and doing something to it
8	TRUE
9	False – Her names are Lilibet and Cabbage
10	TRUE
11	FALSE, the Australian Girl Guides donated the ingredients
12	TRUE
13	FALSE – She had 8
14	TRUE
15	TRUE
16	TRUE
17	FALSE - It is in fact Charles who carries his own lavatory seat, a leather one to every official function

**GUESS THE CELEBRITY ANSWER** – Simon Cowell

## Weekly Crossword Answers



<http://puzzles.freedailycrosswords.com/January/12-01-2015-alt-solution.pdf>

## Useful contacts for help and advice

NHS Contact 111

Coronavirus Helpline – 0800 028 2816

Age Scotland Contact - 0800 12 44 222

Alzheimer's and Dementia Helpline: 0808 808 3000

The Food Train - 01786 450536 - [stirling@thefoodtrain.co.uk](mailto:stirling@thefoodtrain.co.uk)

Salvation Army - Phone: 01786 448923

Helpline for the Elderly – 0800 12 44 222

Rape Crisis Scotland – 08088 010302



**Domestic Abuse Helpline – 08000271234**

**Housing Helpline – 0808 800 4444**

**Parents Helpline – 08000 28 22 33**

**LGBT Helpline – 0300123 2523**

**Employers Helpline – 0800 019 2211**

**Mental Health Helpline – 0800 83 85 87**

**Business Support Helpline – 0300 3030 0660**

If you have any suggestions of anything which you would like to see in this Activity pack please let Joanne know on 07824547865